

the Body and the Drum

*"I use the drum as a vehicle.
It is the horse I ride into the
other world..."*

Tuvan Shaman Alexander Tavakay



*"...When the rhythm
changes, the behavior shifts
accordingly."*

African Macumba priestess

The ancient techniques of the drum are used to awaken your soul, entrain your body and mind, and allow you to touch your deepest emotions. Please join us as we explore the unique fusion between shamanic traditions and rhythm-healing practices.

This workshop is a wonderful opportunity to experience shamanic and rhythm healing techniques and address a current issue in your life.

Join Us

Sunday, October 10th
10am-6pm

Santa Fe Soul

for directions visit
www.santafesoul.com

Cost: \$125.00

In this workshop you will:

- Explore core shamanism and journey to meet a power animal
- Experience the transformative power of Afro-centric rhythm-healing
- Establish a felt sense of how traditional drumming practices affect different states of emotional, mental, physical, and spiritual well being.

Led by

Denise Andes CRT, LPC is a Neo-Reichian Body Psychotherapist and Shamanic Practitioner and Teacher. She lives in Santa Fe, NM where she has had a dynamic private practice for over 20 years. More at: www.deniseandes.com

Jeff Strong is the founder and director of the Strong Institute, and creator of Rhythmic Entrainment Intervention (REI), an auditory stimulation program used in thousands of hospitals, schools, clinics, and homes. More at www.stronginstitute.com

To register or for more info, contact: 505-466-6334 or 505-438-9592

Early registration recommended due to limited enrollment.

Please bring a drum or rattle, a scarf, a pillow, and a blanket.